### **ROTHERHAM**

ROTHERHAM PLACE PARTNERSHIP I HEALTH AND SOCIAL CARE

## Health and Wellbeing Board Rotherham Place Winter Plan

November 2023





Rotherham, Doncaster and South Humber

The Rotherham
NHS Foundation Trust









### Introduction

- Developed in collaboration with all Place partners
- Builds on learning from previous years
- Approval and assurance through the Urgent Emergency Care (UEC) Board in September and taken through UEC Alliance, Place Leadership Board to Health and Well Being Board
- Additional resources prioritised, allocated and assured through the Better Care Fund supporting integrated working across health and social care

### **Summary of Learning**

### **Key Themes**

- Key pressure points: Primary care, Urgent & Emergency Care Centre (UECC), Discharge including access to community services impacting on system flow
- Winter came early: pre Christmas 2022, acute respiratory infections/Covid
- Impact of industrial action and cost of living will continue to be a factor

#### **What Worked Well**

- Whole system approach
- Strong partnership working
- Targeted schemes
- Additional senior management support at key pressure points
- Acute escalation framework & command centre

### **Challenges**

- Short term funding schemes/recruitment challenges
- Unprecedented pressures Nov & Dec 2022, including paediatric acute respiratory
- Pressure on general and acute beds
- Barriers to timely discharge and decision making
- Communication challenges in fast changing context

### **Strategy**

- National funding 2023-5, enables longer term planning
- Winter schemes starting before Christmas
- Target key themes:
  - Access to primary care
  - Alternative pathways to UECC
  - New ways of working/investment in community
- Right size general and acute bed base
- Review escalation framework and access to information to provide whole system overview



### This year in primary care

- Primary care hub delivered by the GP Federation, Dec-Feb to support acute respiratory infections and seasonal variations (national forecasts suggest flu peak Jan - Feb)
- Additional clinical capacity
- Additional reception capacity and hosted (cloud) telephony in place in all practices, call back functionality, without losing place in the queue
- Community teams linked to all practices
- All CQC registered care homes have an aligned GP practice with specific responsibilities to provide continuity of care and avoid admission to hospital
- Flu and Covid Vaccinations delivered as a system using PCN/practice footprint, including residents and staff in care homes



# This year: alternative pathways to the emergency department

#### Virtual ward (hospital at home)

- For people who would otherwise be in an acute bed
- Frailty and acute respiratory pathways
- Utilising remote technology where appropriate to identify changes in condiction
- Avoiding unnecessary admissions and facilitating early discharge

#### **Urgent Community Response (UCR)**

- 2 hour response standard 70% of the time
- 9 clinical conditions

#### Yorkshire Ambulance Service (YAS) PUSH model

- Where 999 called, but does not require an emergency response
- Calls 'pushed' to Rothercare for falls with no injury and UCR for minor injuries and illness

#### **Same Day Emergency Care**

- Medicine, surgery and gynae
- Direct access for YAS, avoiding UECC/admission



### This year: in the acute hospital

### **Urgent & Emergency Care Centre (UECC)**

- Appointment of 7 new consultants in the last year
- Improved nursing position
- Expanded dedicated social worker resource to support avoidance of unnecessary admissions
- Twilight shift for porters
- Improvement programme with YAS

### Increase general and acute beds

- 24 additional beds and 15 surge
- Surge plans for paediatrics beds & staffing
- Plans to protect electives, SDEC and orthopaedics from bedding/outliers

#### Cancer

- New senior role to oversee cancer and elective care
- Additional MRI scanner has improved MRI waiting times
- Breast pain pathway to filter non 2 week wait patients to the right clinic and improve capacity



### This year: discharge

- Medical and pharmacy resource in 'community ready' (discharge) lounge
- Additional patient transport shifts
- Additional nursing, therapy, reablement and social worker resource to support discharge/patients at home
- Home from hospital home care service commissioned to provide additional hours
- Fund to support additional community beds, focussing on complexity
- 15 residential surge beds at Lord Hardy Court
- Out of area trusted assessment pilot
- Care home trusted assessment pilot
- Integrated working with the voluntary and community sector
  - Re-prioritisation of the Age UK hospital after care service
  - Urgent and emergency social prescribing pilot
  - Personal health budget pilot with You Asked We Responded community group



### This year in mental health

- Increase in the mental health workforce within primary care with the introduction of Mental Health ARRS (additional roles re-imbursement scheme), psychology post and community connectors
- Joint working between Well@work and Rotherhive (working well) to support employers and employees.
- The rollout of more mental health awareness training
- Expansion of the Rotherham Safe Space to four nights a week
- Launch of a new service to support people who have attempted suicide
- Support will be available from the
  - RDaSH /Samaritan Wellbeing Check Pathway.
  - Peer support groups, such as Andy's Man Club, S62, Parent Carers Forum, Survivors of Bereavement by Suicide, Women A.S.K (Acceptance, Support, Kindness mental health support group).
  - A range of community mental health initiatives funded by the BAME Crisis and mental health grant schemes
- Mental health digital resources including Rotherhive and Kooth & Qwell



# This year for Children & Young People

- Self help support and wider public health information will be promoted
- CYPs Crisis & Intensive Community Support Team will engage to provide risk assessment/care/treatment to avoid representation at UECC
- The Me in Mind Teams will work intensely with schools to support resilience and provide early intervention where children and young people are showing the early sign of emotional distress.



## This year for improved cross system communication & decision making

### **Community Transfer of Care Hub**

- Multi-disciplinary team for referral, triage and assessment of step up and step down patients
- For admission avoidance and discharge, ensuring right level of care according to need
- 24 hour response service / core offer 7 days a week
- Includes nursing, therapy, social workers, reablement co-ordinators, wellbeing/call handlers, pharmacy technician and voluntary & community sector

#### **New escalation framework**

- New Place escalation wheel providing holistic view of whole system flow for the first time
- Aligned to national operational pressures escalation levels (OPEL), action cards for each level
- Feeding into team, organisation, Place, South Yorkshire, regional and national framework
- South Yorkshire ICB and Place communications plan
- New operational and performance reports

### SY ICB/Place winter communication campaign

**Support with Cost of Living** – promotion of support schemes



### **Next steps**

- Place workshop to scenario test plans
- Continue to plan for industrial action
- Complete outstanding recruitment
- Launch schemes



